

# Goodbye and Hello

Choreographer: Niels Poulsen (DK)

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Type of dance: 32 counts, 4 walls, improver  
 Music: **Back 2 U** by Jakey Krumm feat. AMAG. 16 bpm. Track length: 2.43.  
 Intro: 32 counts from beginning of track. App. 18 secs. into track. Start with weight on L foot  
 Note: NO TAGS – NO RESTARTS!!!

Counts	Footwork	End facing
<b>1 – 8</b>	<b>R rocking chair, R shuffle fwd, L jazz box ¼ L into L chassé</b>	
1&2&	Rock R fwd (1), recover back on L (&), rock back on R (2), recover on L (&)	12:00
3&4	Step R fwd (3), step L behind R (&), step R fwd (4)	12:00
5 – 6	Cross L over R (5), turn ¼ L stepping back on R (6) ... <i>Styling for count 5: when beat is heavy on count 5 dip down in knees</i>	9:00
7&8	Step L to L side (7), step R next to L (&), step L to L side (8)	9:00
<b>9 – 16</b>	<b>R vaudeville, cross side, L sailor ¼ L, R kick ball step</b>	
1&2&	Cross R over L (1), step L to L side (&), touch R heel to R diagonal (2), step down on R (&)	9:00
3 – 4	Cross L over R (3), step R to R side (4)	9:00
5&6	Cross L behind R (5), turn ¼ L stepping R next to L (&), step L fwd (6)	6:00
7&8	Kick R fwd (7), step R next to L (&), step L a small step fwd (8)	6:00
<b>17 – 24</b>	<b>Stomp R, L&amp;R heel switches, ball step RL fwd, rock R fwd, full triple R</b>	
1	Stomp R fwd (1)	6:00
2&3	Touch L heel fwd (2), step L next to R (&), touch R heel fwd (3)	6:00
&4	Step R next to L (&), step L fwd (4)	
5 – 6	Rock R fwd (5), recover on L (6)	6:00
7&8	Turn ½ R stepping R next to L (7), change weight to L (&), turn ½ R stepping R fwd (8) ... <i>Non-turny option: do a R coaster step</i>	6:00
<b>25 – 32</b>	<b>Rock L fwd, ¼ L into L chassé, R jazz box, fwd L</b>	
1 – 2	Rock L fwd (1), recover back on R (2)	6:00
3&4	Turn ¼ L stepping L to L side (3), step R next to L (&), step L to L side (4)	3:00
5 – 8	Cross R over L (5), step back on L (6), step R to R side (7), step fwd on L (8)	3:00
	<b>Start again</b>	
<b>Ending</b>	Last wall is Wall 8 (starts at 9:00). You naturally end facing 12:00 when doing your R jazz bos. Stomp R fwd for a nice finish to the front 😊	12:00